

## JANUARY

### RENEW

We're hitting the ground running in 2018 with the Gold Coast's freshest, fittest and most fabulous inspiration! Our readers will be motivated to renew their goals, lifestyle and mindset with realistic resolutions, beauty and wardrobe makeovers and organisational products for the New Year. Bring it on!

## FEBRUARY

### DESIRE

With Valentine's Day upon us, February is the month of love, sex and desire! We look at the best date and dining ideas on the Gold Coast, our favourite love stories and fun ideas for the independent, single ladies. With all of this plus his and her gift guides, this issue is bound to get a little heated!

## MARCH

### TIMELESS

Age is just a number and who's counting anyway!? Our readers are timeless queens and we are celebrating aging gracefully - or in some cases, disgracefully! - with style and beauty for older women, over 50's resorts and getaways, and amazing locals who are showing us all why 50 is the new 40!

**Special focus:** Prepare for end of financial year and tax time

## APRIL

### GET SET

Take your mark, get set, GO! The Commonwealth Games is hitting the Gold Coast and we are getting in the spirit with a bumper Games issue! From track-side and pool-side action, athlete profiles, where to eat, shop and celebrate during the games, right through to the local's guide to escape the chaos, this special issue is all our readers need to mark this once-in-a-lifetime event.

## MAY

### EMPOWER

Who runs the world? Girls! We are focusing on the strong, courageous women who shape the Gold Coast and help to empower the next generation of girls. And of course, we celebrate the greatest women in our lives, our mothers, with a Mother's Day Gift Guide as well as beauty and style hacks for busy mums.

**Health focus:** Eye health (Macular Degeneration Awareness Week)

## JUNE

### INFLUENCE

Powerful business women are having an incredible influence on Australia's fastest growing city and so this issue is all about girl power! The Gold Coast's most successful business leaders share their business advice, tips, tricks and secrets to help women kick-start their career goals and aspirations.

## JULY

### EXPOSE

This month we're focused on helping local businesses find the right exposure in today's competitive market. Our readers will learn how to get their businesses out there successively, while discovering what PR companies can do for them. With National Diabetes Week around the corner and the aftermath of the

Commonwealth Games ever present, we have some important conversations. Let's get talking!

## AUGUST

### CREATE

Every single person needs a creative outlet and this issue we help our readers create their own by finding the best local classes, weekend workshops and more. We also discuss IVF & infertility coinciding with National Fertility Awareness Week. With Christmas getaways to start planning and summer just around the corner, we've got plenty of 'must-visit' locations and holiday spots our readers will be adding to the bucket list!

**Special focus:** Dental Health - IVF - Christmas Getaways

## SEPTEMBER

### REBEL

Be a **rebel** and stand out from the crowd! Gold Coast women are breaking the rules, squashing stereotypes and leaping past boundaries - and we are loving it! We look at groovy out of the box styles and highlight some quirky ways for our older beauties to stay young during Active Ageing Week. Plus, we will be empowering women to check in with each other and their loved ones and ask, R U OK?

## OCTOBER

### INSPIRE

Women inspire us this month as we hear incredible real-life stories from those who have overcome life-changing medical hurdles and draw on their bravery for Breast Cancer Awareness Month. With spring racing underway we look at the latest fashion styles to give our readers a standout look on the greens, and highlight the events they won't want to miss.

**Special focus:** Melbourne Cup Fashion and Dining

## NOVEMBER

### EMBRACE

Body positivity movement • Plus size models • Plus size clothing and tips • • DIY before Christmas

Be you, be beautiful! We're encouraging our readers to embrace their inner beauty and love their bodies the way they are with our guide on styling to enhance beauty and compliment body shape. Christmas is just around the corner so it's time to get ready with our list of DIYs and projects to do before Santa arrives!

**Special focus:** Two for one - take a friend and become fabulous together

## DECEMBER

### CELEBRATE

Let the good times roll! This month we're ready to celebrate the festive season with a detailed Christmas gift guide and look at festive fashion and delicious food ideas. The festivities won't stop there as we continue the party through to New Year's Eve and find the best events to bring in 2019. Let's get celebrating!

**Special focus:** Christmas Day and New Year celebrations

## REGULAR FEATURES

Dining  
Home Styling  
Get Stylish  
Beauty  
We Love

The Gold Coast's Must Taste tempters  
Interior and exterior design, renovations  
Trending fashion tips and looks  
Product road testing and what's hot  
Our monthly favourites