

# THE YEAR AHEAD 2019

## JANUARY

INSPIRE / HEALTH

ANTI AGEISM

Don't just be beautiful on the inside

## FEBRUARY

ROMANCE

Valentines Day Gift Guide

## MARCH

ADVERSITY

Women in focus

## APRIL

EMBRACE

Love the skin you're in

## MAY

FAMILY

Mothers Day Gift Guide

## JUNE

WOMEN IN BUSINESS

Weekend Getaways

## JULY

TASTE

Recipes for the whole family

Food & Fashion

Dental Health

## AUGUST

TIMELESS STYLE

Hygge v Fungshu

## SEPTEMBER

CELEBRATE SPRING

Get your summer body going

Spring clean your wardrobe

and your life

## OCTOBER

SPRING RACING

Melbourne cup - special feature

Race Day Essentials /Fashion/

Breast Cancer Awareness

## NOVEMBER

PREPARE

Get ready for Christmas

## DECEMBER

CELEBRATE

Christmas Gift Guide

What's on for New Year

